

# THE HAMLET HERALD



'Outstanding learning, within a glittering curriculum, where everyone matters'

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## HEAD OF SCHOOL'S NOTE

Welcome back to probably the strangest start to a summer term for us all ever! I do hope that all of our Hamlet families are keeping safe and well.

I want to thank you all for supporting our Hamleteers with their engagement through Google Classroom. I thoroughly enjoyed watching the 'streams' develop across the 12 classes over the Easter holidays. It was a joy to sense the connection between the children and teachers, and I have to admit, I became quite addicted! You and the children have clearly been incredibly creative and imaginative with your time together. A special mention has to go to Reuben in 5P who has learnt to use a sewing machine! He treated 5P to a video of him making masks from scratch which he has sent in for the teachers in Key Worker school. He made a second, improved design which include

wire on the nose for as he says: 'a more effective fit'. Bravo Reuben and a massive 'thank you' from all of us at school.



Our online learning on GC has started to take shape this week, and we have been closely monitoring how this has been working. While still in its infancy, we are learning at an incredible rate with what is working well, and what needs adjusting. I do hope you were able to note the actions we are taking onboard already to amend GC, contained in the email sent to you earlier this week. As we said, we will be disseminating a questionnaire to you at the end of next week, and we will welcome your feedback to support us in further refining our home learning provision.

What is clear to us, is that it is an exceptionally difficult task to 'pitch' our home learning to suit every family. Your individual circumstances are all so unique, and the way we all manage our time can change from day to day. Some of you have told us that we are providing too much and are feeling over-loaded, some of you are saying there is not enough – please see the section to the right of this which may help you, and some of you are finding that it is suiting your home arrangements well at this time. My message to you all this week is please take from our offering, and that available beyond school, what works for you and your child. We are all learning together here. If all tasks are not completed, that is fine. We would like the English and maths tasks to take priority, coupled with ongoing reading, spelling and our usual online maths activities. **But whatever you are doing, you are doing great!** Thank you for your continued support and the many kind messages we are receiving – they are very much appreciated.

## A FINAL BIT OF EASTER....

We enjoyed these last-minute egg entries in the run-up to Easter. There were just too good not to share with you all. Thank you Noah and Jasper, and Max – they made us smile!



Noah 5N & Jasper 4O



Max M 5N

## FURTHER SUPPORT FOR REMOTE EDUCATION

If you should feel that you need anything further to support/supplement your child's home learning, this week has seen the launch of several online resources with DfE backing. They have published a set of [high-quality resources](#) on GOV.UK, and many suppliers are making their own resources, both online and hard-copy, available to schools for free, including:

- [Oak National Academy](#) - this is a brand-new enterprise created by 40 teachers from some of the leading schools across England and backed by government grant funding. It will provide 180 video lessons each week, created by teachers for teachers, across a broad range of subjects from maths to art to languages, for every year group from Reception through to Year 10.
- The [BBC](#) is delivering an education package across TV and online, featuring celebrities and teachers – helping to keep children learning and supporting parents.

Further details on all types of [remote learning can be found on GOV.UK](#)

## HIGH PRAISE FOR ECO COUNCIL!!!

You may recall back in February, our Eco Council prepared and delivered a terrific presentation at the 'Speak Up for the Climate' event, hosted by Dulwich & West Norwood Climate Coalition. Please see below for a well-deserved letter in response to this from Helen Hayes MP.



With best wishes,

Yours sincerely,

Helen Hayes MP

## SUPPORT FOR MENTAL HEALTH

South London and Maudsley NHS Foundation Trust has opened a temporary 'phone first' Crisis Assessment Unit to support those in the community who need urgent mental health care during the coronavirus pandemic. To find out more about this service, please click on this link: <https://slam.nhs.uk/media/news/assessment-unit-set-up-to-support-patients-in-crisis-during-coronavirus-pandemic>

We have also sign-posted you in the past to the work of Young Minds. Follow this link to find advice for parents on supporting their child's mental health, managing isolation with family, and accessing support during 'lockdown': <https://youngminds.org.uk/find-help-for-parents/supporting-your-child-during-the-coronavirus-pandemic/>

## GOOGLE CLASSROOM - MUSIC

We have now welcomed all of our young instrumentalists to their very own GC for their specific music tutor. If you haven't already, see the email sent on Thursday with your child's code and simple instructions on how to join. They will find a welcome video from Miss Campbell and our music tutors, as well as an activity sheet that they can access whatever instrument they play, whatever level they are at, just to get everyone going.

The tutors will prepare and offer one activity per week for their pupils, to provide them with momentum and give them new things to try. Miss Campbell will be 'running' the classrooms and will be the liaison between children and tutors – certainly at these early stages of development.

We are mindful how frustrating it can be for our musicians to play on instruments that need tuning (specifically strings) and instruments that may require a little TLC (specifically brass that may need some valve adjustment/oiling). We are putting together a plan whereby we can help with this safely. Please look out for email communications over the next week or so with further information.

If you do have any instrumental related questions, please contact Miss Campbell via email:

[scampbell17.210@lgflmail.org](mailto:scampbell17.210@lgflmail.org)

# FOR PARENTS

## A SPECIAL COVID MESSAGE

When your child is ill or injured it is very difficult to decide if/when to call your child's GP, NHS 111 or go to the Accident and Emergency Department (A&E). During the current situation and while the government is asking everyone to stay at home, it can be confusing to know what to do. Here is some guidance:



FOR ADVICE ON COVID-19 AND CHILDHOOD ILLNESSES/INJURIES VISIT [WWW.NHS.UK](http://WWW.NHS.UK)

Designed by primary and secondary care clinicians from Barts Health & North-East London STP

### YOU SHOULD GO TO A&E AND/OR CALL 999 IMMEDIATELY IF

#### APPEARANCE

- ▶ Pale/mottled/ashen/blue colour
- ▶ Collapsed/unresponsive/loss of consciousness
- ▶ No obvious pulse or heartbeat
- ▶ Severe allergic reaction

#### BEHAVIOUR

- ▶ Extreme irritability/pain/sleepiness (can be woken but falls asleep immediately)
- ▶ Seizure/jerking movements/fit



#### BREATHING

- ▶ Sucking in and out between ribs
- ▶ Flaring nostrils
- ▶ Extremely fast breathing
- ▶ Noisy breathing

#### OTHER

- ▶ Bleeding from an injury, that doesn't stop after 10 minutes of pressure

### YOU SHOULD GO TO A&E IF

#### APPEARANCE

- ▶ Dizziness/feeling faint
- ▶ Rash that does not fade when you press it

#### BEHAVIOUR

- ▶ Severe constant tummy pain

#### OTHER

- ▶ Burn
- ▶ Possible broken bone



#### OTHER

- ▶ Swallowed foreign objects (especially magnets/batteries)
- ▶ Temperature higher than 38°C in a baby younger than three months old
- ▶ Your child has special health care needs and you have a plan that tells you to go to A&E
- ▶ Feels abnormally cold to touch
- ▶ Expressing suicidal/significant selfharm thoughts

### YOU SHOULD CALL YOUR GP IF

#### APPEARANCE

- ▶ Mild/mod allergic reaction (known or suspected)
- ▶ New rash that fades when you press on it

#### BEHAVIOUR

- ▶ Mild irritability/sleepier than normal
- ▶ Severe tummy pain that comes and goes
- ▶ Vomiting and diarrhoea
- ▶ Not passed urine for more than 12 hours



#### BREATHING

- ▶ Wheezing/fast breathing

#### OTHER

- ▶ Temperature >39°C (age 3-12 months)
- ▶ Temperature over 38°C for more than 7 days
- ▶ Accidental overdose of medication or other substances
- ▶ Ear pain for more than 2 days
- ▶ Emotional distress, that can't be reassured

### YOU SHOULD CHECK WITH 111 OR YOUR COMMUNITY PHARMACIST IF

#### APPEARANCE

- ▶ Pink eyes/red eyes

#### BEHAVIOUR

- ▶ Ear pain for less than 2 days
- ▶ Mild tummy pain that comes and goes



#### BREATHING

- ▶ Cough
- ▶ Runny nose

#### OTHER

- ▶ Temperature over 38°C for less than 7 days



Founded in 2011, Zoom is one of the world's leading video conferencing software providers. It has a number of features, including video and audio conferencing, real-time messaging, screen-sharing and the ability to upload, share and search for content. Users can start their own meetings or they can join meetings set up by others. The app is available to use across PCs, laptops, tablets and mobile phones and is free to download on both the app store and on Android.



# What parents need to know about zoom



## ZOOM BOMBING

'Zoom bombing' is the term which has been coined to describe unauthorised people joining zoom meetings uninvited and broadcasting pornographic or inappropriate videos. An attacker can hijack a meeting if they know the meeting ID and it isn't reinforced with a password. Not taking preventative measures or implementing privacy controls could open up the risk of children witnessing sexual or inappropriate content with very little notice.

## RISK OF PHISHING

The rise in popularity of Zoom has led to a rise in hacking operations and phishing campaigns. This is when participants are encouraged to click on links to join what they believe to be legitimate Zoom meetings via email, but which are in fact fraudulent. These attacks aim to obtain sensitive information such as user login details, passwords and/or credit card information.

## PRIVACY CONCERNS

Depending on how the app has been set-up, Zoom can offer very little privacy. In many cases, the meeting hosts can see detailed information about each participant including their full name, phone numbers and maybe even location data. Furthermore, depending on where the camera has been set up or where your child's computer is positioned, private or personal information could be stolen depending on what can be seen in the background.

## LIVE RECORDINGS

One of the features of Zoom is the ability to record live meetings. By default, only the host of the meeting can usually record live sessions however other meeting members can also record if the host gives them access. Recordings can be stored on devices or on the cloud and can be downloaded and shared with no restrictions. This means that videos, audio clips and transcripts of recordings involving your children could be widely shared on the internet or between users without your authorisation or consent.

## PRIVATE ZOOM MEETINGS

Zoom has a facility to set up breakout rooms, which enables a private meeting within the main Zoom session. The host can choose to split the participants of the original meeting into separate sessions. This gives children the ability to speak privately away from the main group to other users however chat aren't always monitored by the host and if the meeting has been made public, children could be more vulnerable to experiencing negative comments.

## 'LIVE STREAMING' RISKS

At its very core, Zoom facilitates live streaming. That means it inevitably carries some of the associated risks that live streaming brings. These are likely to be minimal within a controlled environment (for instance when used in a classroom setting for remote learning). However, live streaming means that content isn't always monitored and children who use the app unsupervised or with limited security settings, may be more at risk of exposure to viewing inappropriate material. Other risks can include downloading malicious links, sharing personal information or even potential grooming.

## Safety Tips For Parents

### REPORT INAPPROPRIATE CONTENT

Remind your child that if they do see something that makes them feel uncomfortable or upset then they need to talk about it and report it. Parents can report unwanted activity, harassment, and cyberstalking to Zoom directly. To help your child, you could try setting up a checklist before they go online, with an agreed set of rules and what they should do if they see something inappropriate.

### USER PRIVATE MEETING IDS & PASSWORDS

It is always better to set up a meeting with a random ID number generated by Zoom than by using a personal number. This means it is harder to guess and less likely to be hacked. It's important to never share meeting IDs with anybody you don't know and always set-up a password function to allow other people to sign-in. This should already be a default setting that is applied on Zoom.

### PROTECT YOUR PERSONAL DATA

It's important to discuss with your child that they should not share personal information on Zoom. This includes passwords, their address, phone number, etc. Create your child's account under a false name or pseudonym and always set a custom background to help hide details in your home. Zoom allows you to turn on virtual backgrounds and select your own image to appear behind you.

### BEWARE OF PHISHING EMAILS

Every time you or your child gets a Zoom link, it's good practice to ensure it has come from the official platform and is not fraudulent. Signs of a phishing email include an unrecognisable email address, an unofficial domain name or a slightly distorted logo. The email itself might also be poorly written or contain suspicious attachments.

### TURN OFF UNNECESSARY FEATURES

If your child is using Zoom, there are a number of features that you can turn off to make the experience safer for them. For instance, disabling the ability to transfer files or engaging in private chats can help to limit the risk of receiving any malicious attachments or receiving any inappropriate messages. In addition, you can turn off the camera if it is not needed or mute the microphone when not in use.

### USE THE 'VIRTUAL WAITING ROOM' FEATURE

The waiting room feature on Zoom means that anybody who wants to join a meeting or live session cannot automatically join and must wait for the host to screen them before entering. This is now a default function and adds another layer of security to reduce the likelihood of zoom bombing.

### KEEP YOUR VERSION UPDATED

It's important to ensure you are using the latest version of Zoom available and always update it if you get a prompt. These updates are usually to fix security holes and without the update you will be more vulnerable to an attack. Check the official website to see what the latest version is and compare it to your own.

### HOST IMPLEMENTED PRIVACY CONTROLS

If your child is part of a larger group meeting, it's important to make sure that the host is abiding by Zoom's Terms of Service. This includes the fact that they have gained everybody's permission for the session to be recorded. The host should also have set screen sharing to 'host only' and disabled 'file transfer' to help keep the live stream secure.

## Meet our expert

Emma Davis is a cyber security expert and former ICT teacher. She delivers cyber awareness training to organisations nationally and has extensive knowledge and experience of managing how children access services and apps online.



SOURCES: <https://zoom.us/privacy> | <https://zoom.us/> | <https://zoom.us/docs/doc/School%26Administrator%20Guide%20-%20Rolling%20Out%20Zoom.pdf> | <https://www.theguardian.com/technology/2020/apr/02/zoom-technology-security-coronavirus-video-conferencing>