THE HAMLET HERALD



'Outstanding learning, within a glittering curriculum, where everyone matters'

ISSUE 25 | 24th March 2023

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HEADTEACHER'S NOTE

We are a week off the Easter holidays, and I'm feeling particularly chuffed with myself that I've been organised to book my family routine dental, optician and other such appointments all within the two week Easter break. I urge you all to get such routine appointments scheduled in during our holiday periods, so as to not disrupt the core school day.

We have a good two week chunk of time where we can plan in family activities and visits. I therefore, also ask that you are not tempted to start the holiday period early, or return late from the Easter break.

I know how much importance the Hamlet community put on excellent attendance. Being in school every day and having that consistent 'diet' of schooling without a doubt impacts positively on academic achievement as well as the social and emotional development of your children. (I am also proud that we have been 'topping the charts' in terms of levels of attendance amongst all of our Trust schools – let's keep that position!)

Thank you to our Y4 parents and carers who were able to come and join us for our Taster Lunch this week. It was lovely to see so many of you enjoying a meal and a lunchtime natter with your child. Don't forget that there is an opportunity to provide some feedback if you wish. The deadline is next Friday:

https://forms.gle/ZBimbZJno4GCMTEdA

Due to excellent behaviour from our Hamleteers, we're pleased to launch a three day marble season next week. Read on for the details

And finally, 'GOOD LUCK' to our 61 young musicians taking their ABRSM music examinations next week. You'll all smash it!

KEY DATES

Monday 27th March

ABRSM Music Examinations

Marble Season! (closes on Wednesday this week)

Tuesday 28th March

ABRSM Music Examinations

Thursday 30th March

Y5 Annual Reports Part 1 emailed to parents and carers

Friday 31st March

Y3 & Y4 Annual Reports Part 1 emailed to parents and carers DHJS Easter Egg Competition

Deadline for feedback re. the Y4 Taster Lunch

Finish for the Easter hols. Normal school uniform, normal finish time, 3:25pm

TCSET SPRING MAGAZINE

Please click on the image to open the Spring Edition of the Charter Magazine. This term has seen lots of amazing events, activities and initiatives happening across the Trust, once again highlighting the talent, hard-work and spirit of the pupils and staff across all our schools. A special thanks must go to Nikki Thomson, Tom Salomonson and Victoria Begley for the DHJS contributions.



WEEKLY HOUSE POINTS

DOODLEVISION

The top three classes with the highest % in 'the green zone' this week are:

 First place (12 points):
 45 & 6H
 43%

 Second place (11 points):
 5M
 37%

 Third place (10 points):
 3GR
 33%

Please keep on Doodling everyone!





<mark>Topaz</mark> Water	Ruby Fire	Garnet Earth	Sapphire Air
			Reduction
44	39	44	48

CURRICULUM SPECIAL: SWIM SAFETY AT DHJS

What a big splash!

The Physical Education National Curriculum requires all schools to provide swimming lessons in key stages one and two: 'This should include teaching pupils to: Swim competently, confidently and proficiently over a distance of at least 25 metres. Use a range of strokes effectively – for example, front crawl, backstroke and breaststroke. Perform safe self-rescue in different water-based situations.

We are required to report the number of children who can swim 25m by the end of Year 6. I'm pleased to report that we're currently at approximately 85%. I'm sure with a bit of extra support encouragement and practice all children will achieve this goal.

All Year 5 regardless of their swim ability took part in the swim safety lessons. So, what does this mean? For starters it means getting in the pool with a t-shirt and shorts over your swimming costume and not being allowed to wear goggles!

Step one: Straddle entry. When you're unsure about the depth of the water you're getting into or you can't see the bottom it's always best to perform the straddle entry. You put your arms out wide in front of you, lean forward, step off (not jump) keeping your legs apart. The idea is your head doesn't go below the surface of the water so you can still see all around you or call for help if necessary.



This was such fun!

I don't feel so scared now **Step two:** Floating and conserving our energy. We listed all the possible things we could use as a floating device in different scenarios; we had the luxury of swim floats.





Step three: Tread water. This means moving arms and legs in an egg beater movement or upright breaststroke legs; the head staying above the water so you can see all round. This isn't as it easy as it looks especially when you have to pretend either your arms or your legs can't move.



Step four: H.E.L.P. When you're in the water you lose body heat very quickly so the next activity was all about the H.E.L.P. (Heat Escape Lessoning Position) position and why you should huddle to keep warm.



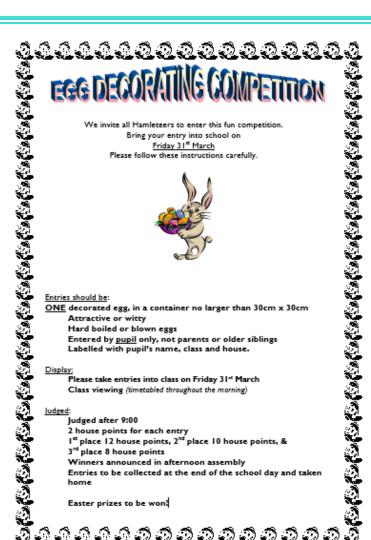
Finally, what should you do if you see someone in trouble in the water? Year 5 learnt about calling for help, throwing something out to the person in distress but most importantly not getting in the water to try and save someone.



In addition, Year 5 learnt all about international water safety flags: red for danger, red and yellow for a lifeguarded area, black and white quartered for watercraft and purple for marine life.

A really important message: Never swim alone and always tell someone if you're going in the water.





PTA UPDATE

A reminder for volunteers for 'Neon Nights' Disco, Friday 12th May 6:30-8:30pm. Each year group has been allocated a job so please check your class WhatsApp groups to put your name down. Lisa Jones is kindly rallying everyone and will be in touch with more details. We cannot run this event without help so please consider putting your name down. Don't hesitate to contact the PTA with any questions or sharing of fabulous ideas! More details to follow including ticketing soon...

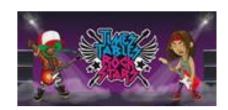
1111111111111

dulwichhamletpta@gmail.com The PTA team

TTRS

Congratulations to 4G: You are TTRS winners of the week.

Rock on 4G!!!



PARENTAL SUPPORT SIGN-POSTING

Rites For Girls Girls Journeying Together



SAFELY INTO THEIR TEENS

upport for mothers & daughters

Girls Journeying Together groups provide mutual support for girls through adolescence and proudly into young womanhood, guided by a facilitator.

FUN MONTHLY GROUP FOR GIRLS AGED 10-12 Priendship and creativity

Groups offer monthly support for preteen girls as they practice being true to themselves, learn about puberty, share their hopes and fears and help each other safely into their teens.



www.ritesforgirls.com







"I've made friends for life."

"We've had loads of fun and learned stuff for growing up but it hasn't felt like learning."



MENTORING GIRLS THROUGH ADOLESCENCE

Positive self esteem

We support girls to emerge from adolescence stronger than when they went in, working to prevent the high rates of poor mental health and low self esteem in teenage girls.

Girls Journeying Together groups

To find out more and book a free taster session contact Charlotte Sarre charlotte@ritesforgirls.com

www.ritesforgirls.com

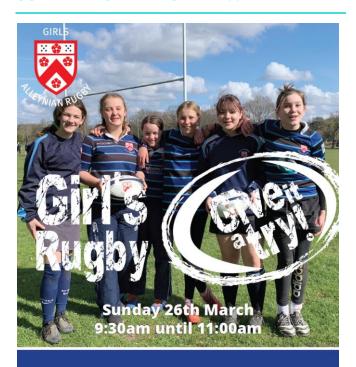
Supported by



Social Enterprise Support Fund



SOMETHING NEW TO TRY...?!



We'd like to invite all girls from Y4 to Y13 to a **FREE** Taster Session at Old Alleynians, The Old Alleynian Sports Club, Dulwich Common, SE21 7HA

Please email us at girlsrugby@alleynian.org to confirm you will be attending

MARBLE SEASON IS BACK!

We all love a Marble Season! As a 'thank you' for a fantastic half-term of learning and behaviour, we have decided to reward the children with three days of marble fun next week: Monday through to Wednesday. As always, we have our simple set of rules to follow:

- Only bring in enough marbles that can fit into a small container that will sensibly fit in trays in the classroom
- Only bring in marbles that you don't mind losing! (keep the bestest/special ones for home)
- Rules for games are established and adhered to
- No swapping
- You can play to win



COMIC RELIEF TOTAL

Drum roll please...! Our total raised by the DHJS community for 2023 is an impressive £1069.41. Thank you so much for your generosity and kindness. This will contribute in making such a difference across a range of charities and organisations, locally, nationally, and beyond.



