

# THE HAMLET HERALD



'Outstanding learning, within a glittering curriculum, where everyone matters'

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## HEADTEACHER'S NOTE

This week is National PTA Week, and I wanted to send out a special 'shout out' to our very own DHJS PTA Heroes! Despite all the difficulties of the past year or so, and desperately trying to hand over the batons as Co-Chairs, Gillian and Philippa have continued to lead the PTA on your behalf. They have rallied you all, ensuring that fundraising continues on behalf of the school; we cannot thank them enough. The children have enjoyed ice lollies this afternoon courtesy of the PTA, we are in the process of setting-up a new lower school satellite library, completing both our long-awaited Archive Wall and Sensory Garden, and have ordered a tree house for our main library – this is all coming from PTA funds. It will make such a difference to our Hamleteers. It is disappointing that, for obvious reasons, we are not in a position to hold our usual Summer Fair, one of our major PTA events of the year. In lieu of this, the PTA have organised

a crowdfunding which we hope you may be able to support. We've already hit £475, so we've made a good start. Here's the link:



<https://www.crowdfunder.co.uk/library-and-resources-fundraising>

Thank you so much in advance.

## DOODLE MATHS SUMMER CHALLENGE

Between the 1st of July and the 31st of August, Doodle is inviting learners to join one or both of their spectacular Summer Challenges — the DoodleMaths Challenge and the DoodleEnglish Challenge! At a time when rebuilding confidence is more important than ever, the Summer Challenge helps children to maintain their learning over the holidays by encouraging daily Doodling. Filled with fun exercises and games, Doodle automatically plugs gaps in knowledge and revises key areas, letting them enjoy stress-free summers without hours of studying. For further information on how your child can enter, click this link:

[https://doodlelearning.com/summer-challenge/?utm\\_source=sendgrid\\_campaign&utm\\_medium=email&utm\\_campaign=school\\_summer\\_challenge\\_pre-launch\\_21](https://doodlelearning.com/summer-challenge/?utm_source=sendgrid_campaign&utm_medium=email&utm_campaign=school_summer_challenge_pre-launch_21)



Happy Doodling!

## KEY DATES

**Thursday 1<sup>st</sup> July**

Doodle Summer Challenge window opens

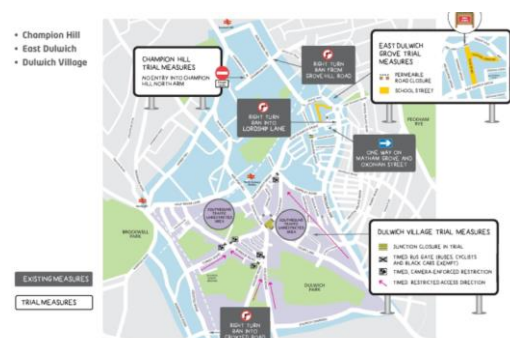
**Friday 2<sup>nd</sup> July**

'Hamlet's Got Talent' pm. We will be tweeting highlights....!

## DULWICH STREETSPACE REVIEW

As you will know, Southwark Council is currently consulting on the road changes in the Dulwich area – it is very important for them to hear from parents as part of this consultation, as one of the principal objectives of the schemes is to help develop safer, healthier routes for the many thousands of children who travel through Dulwich every day. You can share your views before 11<sup>th</sup> July via this link: <http://www.southwark.gov.uk/dulwichstreetspacereview>

On Monday, we welcome Jonathan Hamston: Consultation and Involvement Officer from Southwark, who will be speaking to the children in assembly about the local measures.



## WEEKLY HOUSE POINTS

Topaz Water	Ruby Fire	Garnet Earth	Sapphire Air
58	38	25	46

## SPOTLIGHT ON WELLBEING

At DHJS, we have a clear vision of our approach and commitment to wellbeing. Dulwich Hamlet is a school where:

- *The community considers the wellbeing of all stakeholders in everyday practices.*
- *Everyone in the community is committed to removing the stigma attached to mental health by emphasising that everyone has mental health.*
- *Everyone in the community shares an understanding of how we talk about mental health.*
- *Everyone in the community has access to mental health first aid and, where necessary, is signposted to additional and/or external services.*

Please see our [Wellbeing page](#) (Pastoral tab) on the website for more information of what we do.

We are pleased to be able to share with you this 'Wellbeing guide for parents and carers' that has been sent to us from Open View Education. Click on the image for the link. We have worked with Open View now for several years, and we have welcomed their expertise and knowledge, supporting us in the delivery of workshops for the children during Anti-Bullying Week – we already have them in the diary for November!

The guide they have compiled includes simple steps and resources that parents can use to support their child's mental health. It talks about what is mental health, as well as providing top tips for how we can support our children's mental wellbeing. We really like the 'Steps to Wellbeing Wisdom Poster' and think that these materials are definitely worth a look.



### THE STEPS TO WELLBEING WISDOM

#### LEARN SOMETHING NEW



A learning mind is a happy mind.  
Set a goal to learn a new skill then work towards it.  
Remember to have a *Growth Mindset* and focus on the progress that you are making.

#### NOTICE



If you are feeling worried, upset or angry take time out to notice your breathing.  
Just by paying attention to our breath we can begin to feel calmer.

#### TALK ABOUT IT



If you're feeling worried or upset, ask yourself:  
*Have I told anyone how I am feeling?*  
Talking about how we feel can help us to feel better.

#### DO SOMETHING KIND



When we do something kind, it makes us feel great! Being kind is easy, remember to:  
Say thank you when you are given something.  
Be kind to the other students at your school, and include others in your games.

#### GET MOVING!



Exercise makes you feel great and helps you to concentrate. Why not try:  
Starting your day with a walk or run.  
Put some music on and have a 'Dance Break' to re-energise when you're working.



## OUR FOUR-LEGGED FRIENDS!

It has been sometime since we reminded you all, but please can our dog owners not bring their pets on to the school site, past the main gate in the Village, or indeed, tie them up to our railings or gate. We need to be mindful that not all children (and adults) feel comfortable around dogs, especially if they are growling or barking. Thank you for your cooperation.