THE HAMLET HERALD



'Outstanding learning, within a glittering curriculum, where everyone matters'

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Headteacher: Mrs Claire Purcell | Email: office@dulwichhamletjuniorschool.org.uk | Tel: 020 7525 9188/9

HEADTEACHER'S NOTE

We are proud of our DHJS curriculum, and as such, I am delighted to share with you our first in a series of 'Curriculum Specials'. We are going to shine the spot-light on a different curriculum area each week, kick-starting with PSHE. I must thank our subject lead Mrs Begley, for putting this together to share with you. She has detailed the 'intent' behind our PSHE curriculum, what you would see in a PSHE lesson with some lovely examples of work, as well as some Hamleteer Pupil Voice. I'm sure that you will agree that it's a great insight in to what your children are learning in PSHE at DHJS.

ASSISTED PURCHASE SCHEME FOR Y6

This is a government initiative that enables parents and carers to purchase musical instruments without paying VAT, therefore making a saving of 20%. We are happy to promote this scheme for our young musicians at the point of secondary transfer, as we are mindful that many secondary schools do not provide instruments. We open this scheme for a limited period for our Y6 musicians, with a deadline this year to apply before **March 13**th **2022.**

To be eligible, pupils must be receiving musical tuition in the instrument **at school**. Parents firstly select and reserve the chosen instrument from a retailer participating in the scheme. The parent/carer pays the VAT-free cost of the instrument to the school, we then purchase the instrument and reclaim the VAT. For full information, please download <u>this leaflet</u>, which you can also view on the website.

DOODLEVISION

The %'s are creeping up. Yippee!



The top three classes with the highest % of being in 'the green zone' this week are:

First place (12 points): 3F 71%

Second place (11 points): 5TS 60%

Third place (10 points): 6W 59%

Many congratulations. Keep on doodling everyone!

KEY DATES

W/C: Monday 7th February

Children's Mental Health Week – special assembly and activities throughout the week

Tuesday 8th February

Safer Internet Day: 'All Fun and Games? Exploring Respect & Relationships Online'

Wednesday 9th February

5G class assembly – 9:10 Turney Hall, parents welcome

Thursday 10th February

Portals to the Past workshops for Y4

Friday 11th February

Bassistry Arts World Music workshops for Y5 & Y6 and special performance assembly for all

PTA Valentines Cake Sale, Village Playground, 3:25pm

HALF TERM: Monday 14th February - Friday 18th February



WEEKLY HOUSE POINTS



CURRICULUM SPECIAL: PSHE

PSHE (Personal, Social and Health Education) is an essential part of each child's learning journey at Dulwich Hamlet. Thanks to our comprehensive PSHE curriculum, children leave Dulwich Hamlet equipped with the skills to live as healthy individuals and considerate citizens, who understand their emotions, form healthy relationships, manage risks and make informed decisions.

Our approach to PSHE is a whole-school one. All year groups study the same topic at the same time, revisiting and building on their understanding of important topics year on year. Learning is supported through whole-school assemblies and celebration of national and international events, including World Mental Health Day, Anti-Bullying Week and Safer Internet Day.

In class, we make use of the Jigsaw resources and programme of study, which we adapt to meet the needs of our school community. We use the Christopher Winter Project materials to support our pupils' essential learning about healthy choices – including smoking and alcohol – and changes as they grow from children to adults.

If you were to wander into a PSHE lesson at Dulwich Hamlet, you would be in for a treat!

Lessons often start or end with a mindfulness meditation. These whole-class moments of contemplation encourage children to be aware of their thoughts and feelings, and provide valuable opportunities for personal reflection.

Whole-class and small group discussion are vital tools to develop children's critical thinking and social skills, and form a key part of PSHE lessons. We use role-play to interrogate different scenarios — from online bullying, to disappointment and peer pressure. This allows children to develop empathy for others and practice essential real-life skills such as assertive communication, listening, goal setting and conflict resolution.

Many PSHE lessons also include opportunities for structured group work, during which children can identify and practice crucial team working skills such as turn taking, sharing, compromise and negotiation.

Finally, self-expression and opportunities for written reflection are important ways in which our pupils consolidate and evidence their learning.

Depending on the topic, PSHE lessons will have a different focus. Take a look at these summaries and photographs to get an idea of our pupils' work across the school.

Autumn 1: Being Me in My World

The children consider themselves and their contribution to their community, whether that be at a class, school, community or more global level.



Class Charter – Year 3



Dream School - Year 3



Hierarchy of Needs – Year 6

Autumn 2: Celebrating Difference

Pupils learn to appreciate and celebrate difference. While tackling important subjects including bullying and discrimination, they develop their understanding of inclusion, equality and justice.



Anti-Racism - Year 5



	Anti-Billiging D	by-
is a friend soruthing a purpose The answer on purpose	y joke shared both which that happen real question is a us was if banker	and bullying is that b liven friends Bullying is multiple times on can bonte become b happens repeatedly an doesn't like it it is

Anti-Bullying - Year 5

Spring 1: Dreams and Goals

In this topic, we invite the children to consider their aims for the future, and to reflect on the goalsetting skills and resilience they will need to achieve them.



Dreams and Goals - Year 4



The Future - Year 5

Spring 2: Healthy Me

Pupils consider what it means to be healthy, inside and out. This important topic takes an ageappropriate approach to subjects including balanced eating, healthy and unhealthy habits, personal safety and mental health.



Eating with Balance - Year 3



Risks of Smoking – Year 3

Summer 1: Relationships

In this important unit, pupils consider all types of relationships, from different families and friendships to online interactions and global communities. This topic also uses stories to explore the ideas of loss, change and memories in a child-friendly and safe environment.



Loss and Memories - Year 4



Global Citizenship - Year 3



Online Interactions - Year 4

Let's hear from some of our Hamleteers about their experience of learning PSHE:

"You can say what you feel. It's a time to talk to everyone." Year 6

"I like learning about friendships and accepting that people are different." Year 5

"In Dreams and Goals, you can reflect on the future and what you're good at." Year 4

Summer 2: Changing Me

Our final unit of the school year focuses on change, including the changes children can expect as they move from childhood to adulthood. This is taught from year 3 to year 6, using carefully designed lesson plans and resources to ensure that children have the appropriate knowledge to understand their bodies. This unit also prepares children for the September transition, whether that be to their next class at the Hamlet or on to secondary school.



Keeping Safe with Pantosaurus – Year 3



Our PSHE curriculum work is a huge part of our commitment to the mental and physical health of our school community.

We are very proud to be a Healthy Schools London Gold Award school!