

Tuesday 25th September 2018

Dear Parents & Carers

Swim trials for 2018-19

It's the time of year when we need to start thinking about our squad for swimming galas. We are not running the trials in the same way this year. If your child has previously been for a trial then we have their time for front crawl, backstroke, breaststroke & butterfly. We will base our selection on the times we have so if your child has significantly improved their time please email Dan Mullings dmullings.210@lgflmail.org or Nikki Thomson nthomson3.210@lgflmail.org with the new time & for which stroke.

We are opening the trials to any child in year 3, any pupils new to the school or anyone else who would like to be considered but hasn't put themselves forward before. The trials will take place on Tuesday 2nd October. We will be leaving school at 9.45am & returning at 11.15am. Your child will need a full swimming kit including a hat. Goggles are optional.

To attend the trials your child **must be able to swim 100m in the middle lane of a swimming pool without needing to hold onto the side**. Galas are highly competitive so we are looking for swimmers who can swim 25m front crawl in 23 seconds or less & backstroke in 30 seconds or less. Please do not send your child if they do not meet the criteria.

If your child is interested in taking part please let the school office, Dan Mullings or Nikki Thomson know by **Friday 28th September**. We will not be able to consider anyone after the deadline as we need to arrange timetables & staffing. If you are available to record times for us on the day you'd be very welcome to join us.

Yours sincerely



Nikki Thomson

Assistant Head / Leader of Wider Learning

PE Co-ordinator