

# Dulwich Hamlet

Junior School



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## HOW TO HELP YOUR CHILD MANAGE TRANSITION & CHANGE:

### Good Habits of Great Parents & Carers



Monday 3rd July 2023

### Re. Parent and Carer Café: Wednesday 12<sup>th</sup> July 2023

Dear Parents and Carers,

We would like to invite you to our next Café which we are holding on **Wednesday 12<sup>th</sup> July** between **9.00 and 9.45am** in our Burbage classroom, just off of Turney playground.

The focus for this Café will be how to help your child manage transition and change, facilitated by our Learning Coach and Chief Executive of The Parent Coaching Academy, Lorraine Thomas.

As a parent, it's more important than ever before to equip our children with the wide range of values, skills, strengths and personal qualities that will give them the resources they will need to climb life's mountain. Whatever that looks like for them, to be happy, to achieve their potential and enjoy the adventure.

Transitions can be tricky for us and our children. But managed well, they give us all an opportunity to grow and flourish. We can help them turn challenging emotions and into fuel. That's why at Dulwich Hamlet, we build opportunities to feel confident about managing change into school life. We don't wait for challenges to come along – we create them - so children can thrive in a safe and supported environment.

Is your child is preparing to take the exciting step to leave Year 3? Or move from Year 4 to Year 5 and into a different building with some new classmates? Or from Year 5 to the top of the school? Or moving to that new chapter of Year 7? Let's get them ready for the adventure.

This café will build on your expertise as a parent and be packed with practical, easy-to-implement tips and tools. The summer holiday is the very best time to give them a go so that they'll be ready to enjoy September.

Please RSVP via the school office if you would like to join us for this opportunity: [office@dulwichhamletjuniorschool.org.uk](mailto:office@dulwichhamletjuniorschool.org.uk) We will have coffee and biscuits available, so it would be really good to know numbers in advance for catering.

Hoping that you can join us.

Yours sincerely,

*C. L. Purcell*

Claire Purcell  
Headteacher

